Performance Technology Solutions

PTS · LIVE ONLINE PROGRAMME · 2026 EDITION

Leader of Yourself

A live online path to find your voice, manage the moment and lead with confidence, at work and at the board table.

4 live sessions
2 hours each, highly interactive, in English

Starts 25 November
Wednesdays, 17:30–19:30 CET, on a video call

Optional coaching
group: 4 × 2 h
individual: 4 × 1.5 h

Step 0

Before the first session

Start with your Facet5 Spotlight profile

Every participant begins with Facet5, an internationally recognised personality assessment, included in the price. Self-awareness is the foundation of emotional intelligence: the better you understand how you think, feel and act, the more choice you have in how you respond.

You complete
an online questionnaire that takes only 20 minutes

You receive
your personal Facet5 Spotlight report

We use it
throughout the sessions to raise your self-awareness, the first step to greater emotional intelligence

The path: four live sessions

Wednesdays 25 November, 2, 9 and 16 December · 17:30–19:30 CET · before each session, a short preparatory activity with personal feedback.

1 Own your voice
Recognise the beliefs that make you hold back, and replace them with ones that let you contribute with confidence.

2 Challenge with confidence
State your view clearly and hold your position, without becoming defensive or over-accommodating.

3 Read the room
Listen for what others need and what is left unsaid, so your contributions land.

4 Lead your time and energy
Choose where to invest yourself, so your priorities get the focus they deserve.

Three ways to join

Everyone receives the Facet5 profile and the four training sessions. You choose the coaching.

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Core

€590 + VAT

- Facet5 Spotlight profile (included)
- 4 live sessions of 2 hours
- Preparatory activities with feedback
- Toolkit and materials

Training path
Included in every option

+ Group coaching*

4 group sessions, 2 hours each: 26 Nov, 3, 10, 17 Dec

Most popular

Core + Group coaching

€990 + VAT

- Everything in Core
- Practise real situations with a peer group
- A network that lasts

Training path
Included in every option

+ Individual coaching

4 individual sessions, 1.5 hours each

Core + Individual coaching

€1,390 + VAT

- Everything in Core
- Coaching tailored to your goals and your Facet5 profile
- Flexible scheduling, agreed with you

Training path
Included in every option

All prices per person + VAT 22%. * Group coaching opens with a minimum of 6 participants. If the minimum is not reached by 20 November, you can move to Core (with the difference refunded) or upgrade to individual coaching.

EARLY-BIRD OFFER

10% off when you book by Friday 13 November

Enter the code when you register. Registration closes on Friday 20 November.

EARLYBIRD

Option (+ VAT)	By 13 Nov	From 14 Nov
Core	€531	€590
+ Group coaching	€891	€990
+ Individual coaching	€1,251	€1,390

"I had the opportunity to participate in Diane's Leader of Yourself program. The program was structured very well, and it has helped me enormously to enhance my self-awareness and active listening skills. It has provided me with a lot of practical and useful tips to apply at work and at personal level! I also thoroughly enjoyed Diane's personal style and sense of humour during our work together! Thank you, Diane!"

Lana Nguyen, Global Insurance Executive and Board Member

Key dates

13 November · early-bird deadline
20 November · registration closes
25 Nov – 16 Dec · training, Wednesdays, 2 hours
26 Nov – 17 Dec · group coaching, 2 hours

How to register

Register online at
ptsonweb.com/en/prodotto/pts-leader-of-yourself
or write to diane.fryman@ptsonweb.com.

Scan to register